

**2019 NCAA Division I Cross Country
Mid Atlantic Region Starting Box Assignments**

WOMEN		MEN	
School	Starting Box	School	Starting Box
American	1	Seton Hall	1
Temple	2	Villanova	2
West Virginia	3	Penn	3
Maryland-Eastern Shore	4	Georgetown	4
Pittsburgh	5	American	5
Delaware	6	Duquesne	6
Lehigh	7	La Salle	7
Rutgers	8	Penn State	8
Towson	9	Rutgers	9
Maryland	10	Monmouth	10
George Washington	11	Pittsburgh	11
Saint Francis University	12	Navy	12
Duquesne	13	Princeton	13
Navy	14	Maryland-Eastern Shore	14
Lafayette	15	Loyola (Md.)	15
Rider	16	Rider	16
La Salle	17	Saint Francis University	17
Mount St. Mary's	18	Mount St. Mary's	18
Loyola (Md.)	19	George Washington	19
New Jersey Institute	20	Bucknell	20
Monmouth	21	UMBC	21
Princeton	22	Marshall	22
Marshall	23	Temple	23
Bucknell	24	Lafayette	24
Seton Hall	25	New Jersey Institute	25
Georgetown	26	Lehigh	26
Penn	27	St. Joseph's (Pa.)	27
Villanova	28		
UMBC	29		
St. Joseph's (Pa.)	30		
Penn State	31		