A.R. 22.

Over the past several seasons, the rules committee has made editorial revisions to this approved ruling to make it clear as to what is permitted to be inserted into a piercing hole to keep the hole from closing. Rule 1-26.7 prohibits players from wearing any jewelry and Rule 2-5.1 places the responsibility to ensure compliance with the referee. Questions have been raised previously as to what this retainer is supposed to look like. This picture illustrates the clear, pliable, narrow plastic stem that is described in the approved ruling. Colored retainers are not permitted. This retainer is legal provided the referee determines that it is not dangerous to other players.