

Playing Rules - Rules Changes and Waivers due to COVID-19 for the 2020 Fall Season

	<u>Rules Changes</u>	<u>Sport/Rule Reference</u>	<u>Rationale</u>
1.	2020 Rules Change: To expand the team area to be marked at the 15-yard lines. Previous rule: Team area is at the 25-yard lines.	Football (1-2-4-a)	Enhance physical distancing.
2.	2020 Rules Change: To limit the coin toss to two officials and one captain from each team. Previous Rule: Up to four game captains are permitted and additional personnel (e.g., ceremonial coin toss, media members, etc.) are not restricted.	Football (3-1-1)	Enhance physical distancing; Reduce the spread of germs.
3.	2020 Rules Change: Enhance the spitting at or biting an opponent or any other person penalty to a two-game suspension and categorize it as a violent behavior II red card. Add coughing at an opponent or any other person to this rule and also categorize it as a violent behavior II red card. All ejection and suspension rules related to violent behavior II will apply. Previous Rule: One-game suspension.	Soccer (12.7.4.2, 12.7.4.8 and 12.8.1.1)	Reduce the spreading of germs.
	<u>Waivers</u>		
1.	2020 Waiver: No coin toss occur and the visiting team will make choice of side of the field or starting with the ball. Previous Rule: The coin toss occurs to determine the choice of which goal to attack in the first two quarters of the match or to start the match with a centre pass.	Field Hockey (FIH Rule 6.1)	Reduce the spread of germs.
2.	2020 Waiver: Extend the substitution box from 3 meters to 5 meters. Previous Rule: The substitution area is 3 meters on each side of the center line and marked with cones.	Field Hockey (Mod. 2.a)	Enhance physical distancing.
3.	2020 Waiver: Only shooters in the shoot-out and one coach per team may be on the field and must remain beyond the center line and socially distanced at all times when it is not their turn to shoot. Previous Rule: During a shoot-out, team members and coaches are currently permitted on the field of play, but only in the area outside of the 23 meter line used for the shoot-out.	Field Hockey (Mod. 5.1.h.10)	Enhance physical distancing.
4.	2020 Waiver: Extend the team area beyond the 23-meter line to the goal line to give more space in the team area for participants. The team coaching staff must remain between the center line and the 23-meter line (the current team bench area). Previous Rule: The bench area is currently defined as the area from the center line to the 23-meter line (25 yards).	Field Hockey (Mod. 6.10)	Enhance physical distancing.
5.	2020 Waiver: Require verbal confirmation between the score table and the umpire regarding goals and cards issued during the game. Previous Rule: Currently the rules require the official scorecard to be signed by the	Field Hockey (Mod. 9.c)	Reduce the spread of germs.

6.	2020 Waiver: Allow the coaching and team area to be extended beyond 20 yards from the five-yard neutral zone measured from the halfway line in both directions, if available. Previous Rule: Coaching and team area shall extend 20 yards from the five-yard neutral	Soccer (1.12.2)	Enhance physical distancing.
7.	2020 Waiver: If using a paper official NCAA box score, allow the referee to visually/verbally verify the information is correct rather than requiring a signature (this is the same process for electronic box scores). Previous Rule: The referee shall sign the official NCAA box score (or verify the electronic version).	Soccer (5.5.2)	Reduce the spreading of germs.
8.	2020 Waiver: Require teams to stay on the same bench for the entire match. Previous Rule: Teams change benches between sets.	Women's Volleyball (9.2.4 and 9.2.5)	Reduce the spreading of germs.
9.	2020 Waiver: Increase the interval time between periods and halftime to allow for the bench area to be sanitized to permit teams to switch bench areas (Rule 2.2.c). Previous Rule: The interval time between the first and second periods and third and fourth period are three minutes and the interval time between the second and third period is five minutes.	Water Polo (4.2)	Reduce the spreading of germs.
	Updated: 8/21/20		