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Frequently Asked Questions on Uniforms and Contest Delays for Spring Sports

As an integral part of higher education, the NCAA values expression and freedom of speech for all students. We applaud college athletes for being involved in their communities and advocating for change.

As you are aware, athletics contests have rules that apply to the game, and facilities have procedures to protect the safety and well-being of participants and attendees. If questions arise regarding the actions of student-athletes or coaches that delay or disrupt a contest, game management should first confer with the officials on-site (and the conference office when appropriate) before making any decisions. To assist in this matter, applicable rules pertaining to the fall and winter sports listed below are available by clicking on the appropriate link. If you have any questions regarding this information, do not hesitate to contact the appropriate secretary-rules editor listed in each document.

If questions arise regarding activities of fans internal or external to the athletic facility, we encourage you to follow the standard protocols for such instances and to work with facility management to resolve them.

In all circumstances, we encourage everyone to thoughtfully examine all facts and information and make decisions consistent with our shared values. This includes higher education's commitment to the complete student experience and a culture that encourages expressions of opinions that do not interfere with the timely and safe conduct of events.

Links to sport-specific playing rules:

- [Baseball.](#)
- [Beach Volleyball.](#)
- [Golf.](#)
- [Men's Lacrosse.](#)
- [Men's Volleyball.](#)
- [Rowing.](#)
- [Softball.](#)
- [Tennis.](#)
- [Track and Field/Cross Country.](#)
- [Women's Lacrosse.](#)
- [Women's Water Polo.](#)