RETURN TO CHAMPIONSHIPS
GUIDELINES

CROSS COUNTRY
This document is intended to be consistent with guidance published by the federal government and its corresponding health agencies and otherwise reflective of the best available scientific and medical information available at the time of publication. It is not and should not be used as a substitute for medical or legal advice. Any guidance provided herein should be used in coordination with applicable federal, state and local laws, policies, and guidelines. This document is subject to further revision as available COVID-19 data and information continues to emerge and evolve.

This following set of guidelines has been developed by NCAA Championships & Alliances for the safe Return to Championships. The document has been prepared such that each sport will be able to select the appropriate guidelines for each preliminary round or Championship event based on guidance/direction from:

- NCAA COVID Advisory Panel
- Local, State restrictions at the site of the preliminary or Championship event

The guidelines are further broken into the following segments:

A. Common Elements
B. Guidelines for all scenarios
C. Guidelines for a ‘No Fans’ scenario
D. Guidelines for a ‘Reduced/Full Capacity’ scenario
E. Sport Specific Guidelines

This document will be the basis for each preliminary round and Championship finals host site. Each sport will select parts A & B together with either part C or D together with their sport specific guidelines to complete the document specific to each preliminary round and Championship finals site.
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# Guidelines Change Register

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Part A - Common Elements for a Return to Championships

A1. Acronym List

- ASHRAE - American Society of Heating, Refrigerating, & Air-Conditioning Engineers
- CDC - Centers for Disease Control & Prevention
- CONOP - Concept of Operations
- CTZ - COVID-19 Tested Zone
- DFSI - Drug Free Sport International
- EPL - Essential Personnel List
- HVAC - Heating Ventilation & Air Conditioning
- PPE - Personal Protective Equipment
- SLCS - Site Location COVID-19 Study
- WHO - World Health Organization

A2. Definitions List

Daily Self Health Evaluations - Health questionnaire completed on a daily basis for all members of the NCAA tested community in the effort of identifying any potential symptoms of COVID-19.

Essential Personnel List - This is a document that is used by NCAA staff when planning for a preliminary round or Championship event to identify essential personnel and their Tier based on their working function and responsibilities in relation to the sport and competition.

COVID-19 Tested Zone (CTZ) - The CTZ is the area of the venue reserved for Tier 1 & Tier 2 tested individuals. The CTZ is made up of two sections called the Inner CTZ (Tier 1 only) and Outer CTZ (Tier 2).

Inner CTZ - Areas within the CTZ accessed by student-athletes, athletic trainers, coaches, officials, and other Tier 1 essential athletics personnel to include (but not limited as needed): Field of Play, Team Bench, Team and Officials Locker Room, Team Bus and additional areas specific to each venue and sport.

Masking and Distancing - All accredited individuals must universally mask and physically distance whenever feasible.

Outer CTZ - Routes to and from the Inner CTZ to include, but not limited to: corridors, hallways, and vomitories, and the desired minimum 20’ buffer area surrounding the Field of Play.

Reduced Capacity Checklist - This checklist consists of questions that will assist in identifying any state or location restrictions that may affect the number of spectators that are allowed within the venue at any given time.

Site Location COVID-19 Report - This report is conducted from time to time prior to the event to identify the current status of COVID-19 in the local and regional community at the host site location. This information will assist planning efforts and determine a “No Fan” or “Fan Capacity Scenario”.
Team Health Officer - Member of each team’s travel party appointed as the main point of contact responsible for ensuring that each student-athlete and staff member adheres to these protocols, including that each person undergoes NCAA defined COVID-19 testing and fulfills each element of Daily Health Monitoring. This individual will also interact daily with the designated testing oversight individual.

Tested Community - All individuals to be accredited as part of an NCAA Championship will be identified as Tier 1, 2 or 3 personnel. Tiers 1 & 2 will be part of the tested community, while Tier 3 are identified as having a working function but not part of the tested community.

Tier 1 Personnel - This is the highest exposure tier and consists of individuals whom physical distancing and face coverings are not possible or effective during athletic training or competition. Examples of relevant individuals include student-athletes, coaches, athletic trainers, physical therapists, medical staff, equipment staff and officials.

Tier 2 Personnel - This is a moderate exposure tier and consists of individuals who come into close contact with Tier 1 individuals but can reasonably maintain physical distance and use face coverings. Examples of relevant individuals include certain team staff (for example, administrators) and certain operational staff (for example, security, event staff and league staff).

Tier 3 Personnel – This is the lowest exposure tier and includes individuals who provide event services but do not come into close contact with Tier 1 individuals (and should this occur, would be reclassified into Tier 2). Examples of relevant individuals include certain operational staff (for example, housekeeping, catering, sanitation and transportation) and media or broadcast workers.

Tier 1, 2 and 3 Personnel - In addition, all Tier 1 and 2 individuals are prohibited from interaction outside of the venue with individuals that are not a part of the tested community. This includes interaction for dining or socializing purposes outside of the venue for all Tier 1, 2 and 3 personnel. Meals should be limited to room service and outdoor dining. All Tier 1, 2, and 3 individuals are asked to strictly adhere to guidelines in an effort to reduce any possible exposure to the best of their abilities. Physical distancing and face coverings should always be practiced when outside of the venue.

Venue Disinfection Checklist - This checklist consists of the locations of high touch surfaces and frequently used equipment for regular disinfection throughout the course of the event and the locations of areas that need a thorough cleaning after different groups of Tier 1 personnel access each. This would also include a quality assurance check, to confirm the necessary cleaning and disinfection has been completed.

A3. Testing

Information related to the NCAA testing program will be provided in a separate document and will distributed by the Championship Manager prior to the event. This information is continually reviewed and updated by the NCAA COVID-19 Advisory Panel.
A4. Codes of Conduct

A4.1. Tier 1 Code of Conduct
The following must be followed at all times when a Tier 1 individual has begun the testing program and is participating in any NCAA Championship or preliminary round. Failure to comply with these rules may result in elimination from competition and denied access to all activities.

- Tier 1 personnel must be tested prior to traveling to a host site. It is their responsibility to ensure that they are COVID-19 negative within 48 hours prior to travel.
- Upon arrival at the host site, Tier 1 personnel will be subject to NCAA COVID-19 testing, and any additional testing as directed by the onsite COVID Manager & Team Health Officers.
- When traveling or at a host site, Tier 1 personnel must engage only in scheduled activities. Activities and/or meetings with individuals that are not part of the tested community are strictly prohibited.
- When Tier 1 individuals are not within the CTZ at the competition or practice venue, perfect model behavior for physical distancing and face coverings must be exhibited at all times.
- If a Tier 1 individual has close contact with someone, they must inform their Team Health Officer and/or onsite COVID Manager immediately. Additional testing or isolation may be needed before they can join scheduled activities. (Close contact defined as less than 6’ physical distance for 15 minutes or more without a face covering, or as defined by CDC and state/local guidelines)
- Face coverings and physical distancing are required at all times not outlined in these guidelines.

A4.2. Tier 2 Code of Conduct
The following must be followed at all times when a Tier 2 individual has begun the testing program and is participating in any NCAA Championship or preliminary round. Failure to comply with these rules may result in elimination from competition and denied access to all activities.

- Tier 2 personnel must be tested prior to traveling to a host site. It is their responsibility to ensure that they are COVID-19 negative within 48 hours prior to travel.
- Upon arrival at the host site, Tier 2 personnel will be subject to NCAA COVID-19 testing, and any additional testing as directed by the onsite COVID Manager & Team Health Officers.
- When Tier 2 individuals are not within the CTZ at the competition or practice venue, perfect model behavior for physical distancing and face coverings must be exhibited at all times.
- If a Tier 2 individual has close contact with someone, they must inform their Team Health Officer and onsite COVID Manager immediately. Additional testing or isolation may be needed before they can join scheduled activities. (Close contact defined as less than 6’ physical distance for 15 minutes or more without a face covering, or as defined by CDC and state/local guidelines)
- Face coverings and physical distancing are required at all times.
A4.3. Tier 3 Code of Conduct
The following must be followed at all times when a Tier 3 individual is participating in any NCAA Championship or preliminary round. Failure to comply with these rules may result in elimination from competition and denied access to all activities.
- Tier 3 personnel are not permitted to interact with Tier 1 personnel at any time.
- Tier 3 personnel are not permitted access to the CTZ whenever it has been established at the competition or practice venue.
- When Tier 3 individuals are not at the competition or practice venue, perfect model behavior for physical distancing and face coverings must be exhibited at all times.
- If a Tier 3 individual has close contact with someone, they must inform their Team Health Officer and onsite COVID Manager immediately. Additional testing or isolation may be needed before they can join scheduled activities. (Close contact defined as less than 6’ physical distance for 15 minutes or more without a face covering, or as defined by CDC and state / local guidelines)
- Face coverings and physical distancing are mandatory at all times.

A4.4. Fan Code of Conduct
The following rules must be followed at all times by fans and spectators while in attendance at an NCAA Championship event. Failure to comply with these rules may result in ejection from the event and venue.
- Fans must wear a face covering or mask at all times.
- Fans must remain physically distant from other families or groups when moving throughout the venue and waiting in a line.
- Fans must remain in their “seating pod” with their family or group and remain physically distanced from others when moving throughout the spectator seating area. Sitting with another group or family is prohibited.
- Fans are not permitted to interact with any student-athletes, coaches, team personnel, or officials (all Tier 1 or Tier 2 personnel) at any time. This also applies to family members of these individuals.
- Student-athlete or team personnel autographs are not permitted.
- Fans are encouraged to review venue health and safety guidelines prior to arrival.
Part B - Guidelines for All Scenarios

B1. Facilities

B1.1. COVID-19 Tested Zone (CTZ)

The CTZ is the area of the venue reserved for Tier 1 & Tier 2 tested individuals. The CTZ is made up of two sections called the Inner CTZ (Tier 1) and Outer CTZ (Tier 2).

B1.1.1. Inner CTZ

The Inner CTZ are areas only accessible to Tier 1 individuals absent extenuating circumstances or emergencies. These areas typically include, but are not limited to: Field of Play, Team Benches, Locker Rooms (Teams and Officials), and Team Buses. Additional areas may be identified in sport specific plans.

B1.1.2. Outer CTZ

The Outer CTZ are areas accessible to Tier 2 personnel but restricted to all Tier 1 and Tier 3 personnel creating an “outer bubble” for the tested community within the venue. This area consists of routes to and from Inner CTZ locations, buffer areas consisting of the first five (5) rows of the seating area or 20’ from the back of the Team Bench Area. Additional areas may be identified in sport specific plans.

B1.1.3. Dedicated Isolation Areas

At each host site facility, dedicated isolation areas for individuals exhibiting COVID-19 symptoms should be identified. Separate areas should be established for both the tested and non-tested communities. These locations should be separate from any first aid locations at the facility that are performing first aid services. If an individual exhibits or experiences COVID-19 type symptoms while onsite, medical personnel with proper PPE will escort that individual to the appropriate isolation area to be evaluated.

B1.1.4. Access Control

Staff members should be positioned such that they are not in the path of the student-athletes and coaches to come into proximity, while still close enough to be able to make a positive identification. Staff members should be wearing a cloth face mask to reduce the potential of transmitting the virus.

B1.1.5. Physical & Visual Barriers

Where possible, the first five (5) rows or 20’ minimum from the Field of Play is considered a physically distanced buffer between the seating area and the CTZ. Where applicable, a physical delineator (e.g. tensa barrier, stanchion, or bicycle rack) may be included to ensure physical distancing in these areas. Signage must be included along with the physical delineation to clearly state this area is prohibited to Tier 3 personnel or restricted to Tier 1 and Tier 2 personnel only.
B1.1.6. Repairs within the CTZ
In the event that an exigent repair is needed to be made within the CTZ on equipment critical to the continuation of competition, Tier 3 personnel may enter the CTZ to fix such equipment once all Tier 1 personnel have vacated the area with a minimum of 20’ of distance between these parties. Once the work has been completed, any equipment that the Tier 3 personnel have interacted with has been disinfected and the Tier 3 personnel have exited the area, activity or competition may resume.

B1.2. Physical Distancing

B1.2.1. Back of House (BOH) Tours
Back of House (BOH) tours are not permissible when the CTZ is in effect. Any tours that do take place must be monitored by staff at all times to ensure individuals wear face coverings and remain physically distanced at all times.

B1.2.2. Box Office / Will Call
Where possible, a physical barrier (e.g. plexiglass) should be placed between the Box Office / Will Call staff and the attendee. Ideally this location will be in a dedicated room to minimize the exposure between staff and attendees. If applicable, paperless ticketing and cashless transactions are preferred.

B1.2.3. Concessions / Food Service
 Coordinate with the Food & Beverage vendor to incorporate COVID-19 specific protective measures related to the preparation and distribution of food throughout the facility. Where possible, consider the utilization of cough guards or plexiglass covering food to reduce the potential for the spread of respiratory droplets. All individuals must remain physically distanced and facilities should include some visual identifiers such as floor markings, signs, stanchions or tensa at all food service areas. Eliminate all self-service and open food containers.

B1.2.4. Deliveries
Deliveries should be contactless, and conducted outside the building when possible and, to the extent possible, stagger scheduled deliveries such that physical distancing can be maintained.

B1.2.5. Emergency Evacuation
Review existing emergency plans to ensure all messaging and response protocols remain effective and achievable in light of current WHO, CDC, state, and local health department guidelines and best practices regarding COVID-19. [For example, if a severe weather plan calls for evacuating fans to concourse areas, evaluate whether current shelter areas can support physical distancing and/or be equipped with personal protective equipment]
Emergency evacuation procedures, and shelter in place procedures should include protocols that take COVID-19 requirements into consideration to the extent possible.

B1.2.6. Giveaways / Samples / Activations
If giveaways, samples, or activations are to be provided, the location of these activities must be placed in an area that does not constrict crowd flow or movement. These giveaways or samples must be handled with personnel in face coverings and gloves at all times.

B1.2.7. Restrooms
Dedicated restrooms must be established within the CTZ for Tier 1 personnel use only.

B1.2.8. Credential Distribution
Ensure interface between persons distributing credentials and those persons picking up credentials meets physical distancing and PPE requirements.

B1.2.9. Security Screening
Personnel handling bags and operating equipment should be reminded to sanitize their workstations frequently and wash or sanitize their hands regularly. Personnel handling bags should wear a cloth face mask and should be reminded not to touch their face.

Consider the placement of screening lanes.
- Ensure spacing between lanes meets physical distancing requirements.
- Ensure that mechanisms are in place, (i.e., markers and signage), for all persons waiting in a queue for screening that will direct them to maintain physical distancing requirements.
- Review procedures for screening persons with disabilities who may not be able to be screened with metal detection technology.
- If pat-downs are necessary, either for persons with disabilities or for secondary screening, ensure personnel conducting the pat-down wash or sanitize their hands before and after each pat-down and are reminded to not touch their face. Consider asking the person being screened to turn with their back toward the screener and explain to the person the action is intended to reduce face-to-face proximity.
- Personnel conducting bag searches should wash and sanitize their hands frequently and are reminded not to touch their face.
- If a positive ID is required for credential identification, personnel may ask the person being checked to remove their mask briefly, but the mask should be put back in place as soon as identification is confirmed.
- Divesting bowls/bins should be sanitized after each use or consider single-use disposable bowls/bins.
B1.2.10. Staff Distancing

All facility or production staff should maintain 6’ of physical distancing. If space limitations like Control Rooms, Operations Centers, or Press Boxes exist, plexiglass or similar partitions should be installed.

B1.2.11. Team Benches

The area or number of team benches on sidelines must be increased to allow for 6’ separation between student-athletes, coaches, and other team personnel in the bench area.

B1.3. Signage & Messaging

The following signage should be posted at all venue entrances and exterior access points:

- CDC Guidance to stop the spread of germs.
- CDC Guidance on COVID-19 symptoms.
- Floor markings to promote physical distancing of at least 6’.

The CDC printable signage can be found online in the link HERE.

At all access points to the CTZ, the following signage should be posted in a visible location:

- Restricted Access Only, or similar verbiage to assist staff enforcing access control.
- Staff members should be positioned such that they are not in the path of the student-athletes and coaches to come into proximity, while still close enough to be able to make a positive identification. Staff members should be wearing a cloth face mask to reduce the potential of transmitting virus.

In addition to signage, this messaging should be included in all video and PA announcements. Announcements will be provided by NCAA Communications and distributed via the Championship Manager.
B1.4. Cleaning

B1.4.1. CTZ Sanitation - Field of Play & Team Areas

The Field of Play and all team areas (e.g. locker rooms) must be thoroughly disinfected between each competition or practice whenever a new team or group is introduced to that area. All items (e.g. benches, chairs, tables, etc.) must also be thoroughly sanitized. All disinfection and sanitization efforts must follow CDC guidelines that can be found online [HERE](#). Any questions should be directed to the NCAA Championship Manager.
B1.4.2.  Disinfection Checklist
A checklist and log will be compiled of the aforementioned high touch surfaces and frequently used equipment, including a quality assurance check, to confirm the necessary cleaning and disinfection has been completed.

B1.4.3.  Essential Supplies
The following supplies are deemed essential and required in all areas occupied by event personnel:

- Hand sanitizer stations or stands at venue entrances and access points
- Surface disinfectant spray and/or disposable wipes
- Closed bins for garbage and waste with regular removal service
- Disposable gloves
- Disposable facemasks
- Disposable paper towels
- Additional single use towels for teams and officials
- Additional garbage and towel collection bins in all areas for waste
- N95 masks, adequate number for all medical personnel

B1.4.4.  High Touch Surfaces
High-touch surfaces, counters, stations, chairs, tools, equipment, and liners must be cleaned and disinfected frequently. For any activity or amenity that the host site organizes for student-athletes and team staff that requires regular cleaning and disinfecting in between each use, the host site will arrange for such services.

B1.4.5.  HVAC Guidance
Review and update, if necessary, the facility’s HVAC and air filtration/circulation systems. This should be considered in consultation with the host or facility management company’s mechanical engineers, as well as any industrial hygienist or environmental health consultant engaged by the host site.

The following source have published recommendations available online for review:

- CDC and Environmental Protection Agency
- American Society of Heating, Refrigerating, and Air-Conditioning Engineers (ASHRAE)

B1.5.  Wellness Screening

B1.5.1.  Health Questionnaire
All working, credentialed individuals will need to answer a series of questions prior to entering a facility (preferably via an app). These screening questions will be answered daily to ensure individuals entering the facility are in good health, but also to identify any potential symptoms with an individual or the potential for exposure.
Should any individuals answer yes to any one or more of these questions, they should not be permitted access to the venue and directed to immediately contact their supervisor. Should this be the case for any student-athlete or team staff member, they are required to immediately contact their Team Health Officer.

The questionnaire will be reviewed and updated as guidance changes, the latest information can be found online in the Resocialization of Collegiate Sport document. The NCAA Championship Manager will provide all staff with access to this questionnaire prior to arrival at the host site.

**B2. Competition**

**B2.1. CTZ Implementation**

The COVID-19 Tested Zone or ‘CTZ’ will be implemented whenever Tier 1 individuals occupy a facility for competition or practice. With the exception of extenuating circumstances or emergencies, host site or facility staff that are not part of the Tier 1 or Tier 2 tested community are not permitted access to the CTZ. In a practice or game setting, these areas include but are not limited to: Field of Play, Team Bench Area, Locker Room (if being used), Team Bus, and route to and from each area.

The first five (5) rows or 20’ from the Team Benches or edge of Field of Play is considered a physically distanced buffer from the seating area and rest of the venue. Where applicable, a physical delineator (e.g. tensa barrier, stanchion, or bicycle rack) may be included to ensure physical distancing in these areas. A disinfection / maintenance time will be established each day to allow Tier 3 personnel to access the CTZ when and where no Tier 1 personnel are present. The number of disinfection / maintenance Tier 3 personnel must be kept at a minimum to reduce potential exposure and must always adhere to the established PPE requirements while conducting activities.

**B2.2. Practices**

**B2.2.1. Closed Practices**

All practices should be closed. No friends, family, or fans are permitted to watch or engage the team during scheduled practices. Teams should enter and exit the facility together to minimize potential interaction with the non-tested community if they have gathered near entrances and exits to the facility. If the facility permits, teams should be dropped off and picked up as close to the entrance/exit of the facility.

**B2.2.2. Scheduling Practices**

Each team should have an exclusive time period for practice facility use. Venue staff will thoroughly clean each practice site between scheduled team slots. Individual workouts must also be scheduled, if allowed, at a host practice facility.
B2.3. Scoring Table
The scoring table should be located outside of the CTZ, when possible. Absent extenuating circumstances or emergencies, these individuals must not have close contact with Tier 1 individuals and maintain physical distancing at all times. If interaction of any kind is unavoidable or if the exchange of material or equipment must be shared, those individuals must wear face coverings and single use gloves. A physical barrier such as plexiglass should surround the scoring table if in close proximity to the CTZ.

B2.4. Handling Equipment

B2.4.1. Ball Retrieval
Where possible, the number of individuals tasked with retrieving balls should be reduced as much as possible and deferring to student-athletes on team benches, when applicable. If a playing ball should exit the CTZ, the playing ball must be disinfected in accordance with the Sport Specific guidelines before returning it to the Field of Play.

B2.4.2. Disinfection of Playing Balls & Equipment
All playing balls and equipment to be utilized within the CTZ and Field of Play must be cleaned and disinfected, in accordance with manufacturer’s recommendation, prior to the beginning of a competition or practice. Manufacturer recommendations on the process of disinfection for playing balls should be adhered to. Between practices or competitions, janitorial or cleaning personnel must disinfect the entirety of the Inner CTZ including the Field of Play and Team Bench area.

B2.4.3. Interaction with Non-Tested Community (Tier 3 Personnel)
Playing equipment that leaves the playing surface can only be retrieved by a member of the tested community, Tier 1 or Tier 2, within the CTZ. Equipment (playing balls, etc.) that is outside of the CTZ can be retrieved by a Tier 3 individual as long as the equipment is disinfected prior to reintroduction into the CTZ and Field of Play.

B2.5. Anthems & Presentations
Live anthem performers or other presentations and recognitions should take place outside of the CTZ and maintain physical distancing.

B2.6. Awards Ceremony

B2.6.1. Approved Personnel in CTZ
All awards ceremonies must be conducted within the CTZ where only Tier 1 personnel are allowed.

B2.6.2. Handling of Awards
All individuals handling awards must wear a mask and gloves at all times when in close proximity to the awards. Only members of the tested community, Tier 1, may engage in the
awards ceremony and presentation. Physical distancing is encouraged when and where possible out of an abundance of caution.

B2.6.3. Broadcast & Media
Broadcast and Media personnel that are not Tier 1 are not allowed in the CTZ during the awards ceremony. Interaction with members of the teams may take place physically distanced at the press conference or interview area if applicable.

B2.7. Drug Testing

B2.8. Pre & Post Game Interaction
Handshakes and other pre or post game interactions between opposing teams or student-athletes and Tier 1 personnel should be eliminated. Alternative, safe interactions are allowed (e.g. virtual handshake, high fives, etc.).

B3. Broadcast

B3.1. Announcers & Commentators
Where possible all play-by-play announcers, commentators or reporters should be located outside of the CTZ. If any of these personnel have an essential purpose within the CTZ, contact your NCAA representative to discuss having that individual participate in the COVID-19 testing program and be assigned the appropriate Tier.

B3.2. Camera Positions

B3.2.1. Essential Positions Inside of the CTZ
It is desired to minimize the number of broadcast personnel that require access inside the CTZ. More stringent conditions will exist in a No Fans or Reduced Capacity event. Sport specific personnel will be approved by each NCAA sport representative.

B3.3. Awards Ceremony Broadcast
Only approved Tier 1 personnel identified by the NCAA Championships representative and included on the Essential Personnel List, may have access to the CTZ during the awards ceremony. These individuals must maintain physical distance and no interviews will be permitted during the presentation unless otherwise identified by the NCAA. A headset and microphone may be provided for a remote interview, if only used by one student-athlete and thoroughly sanitized between uses or multiples made available.

B3.4. Broadcast Compound
Unless all broadcast personnel and support staff are part of the tested community, the broadcast compound must be located outside of the CTZ at the host site. Broadcast personnel working in the broadcast compound outside of the CTZ may not be subject to the COVID-19 testing program.
If any broadcast personnel are part of the Tier 1 tested community and the broadcast compound is outside of the CTZ, those personnel must not interact directly with any Tier 2 or Tier 3 personnel. Any broadcast personnel that are part of the Tier 2 tested community must eliminate interaction with Tier 3 broadcast personnel and the broadcast compound. Each broadcast plan will be reviewed by an NCAA representative for approval.

B3.5. Layout

B3.5.1. Green Room

Broadcast green rooms for Tier 3 personnel must be located outside of the CTZ. Should Tier 1 or Tier 2 personnel need access to a Green Room, service to these areas should be considered and discussed with your NCAA representative.

B3.5.2. Meal Area

Broadcast meal areas should be located outside of the CTZ. The food service area should eliminate buffet-style service, utilizing boxed meals or similar options. Cough guards or plexiglass coverings should also be considered for areas where any meal service is distributed. The dining area of this space should be large enough for physical distancing and the number of tables and chairs should account for 6' of separation.

B3.5.3. Set Locations

Wherever possible, broadcast sets should be located outside of the CTZ to reduce the number of individuals that are required to be a part of the tested community. Locations that are typically deployed on or very near to the Field of Play, should consider alternate locations within the venue.

B3.6. Setup & Strike

All setup and strike of broadcast equipment where Tier 3 personnel are required to enter the Inner or Outer CTZ must take place when the CTZ has not been established or is not being enforced and Tier 1 or Tier 2 personnel are not onsite. This will need to be scheduled with your NCAA and/or facility representative to schedule cleaning and disinfection of this equipment.

B4. Meetings

B4.1. Coaches Meeting, Pre-Championship Administrative Meeting

Where possible, meetings should be held virtually utilizing either a teleconference or video call with adequate security measures to ensure integrity. If in-person is unavoidable, the meeting should be limited to essential team personnel (e.g. one coach, the primary team administrator and a member of the sports information staff). The meeting should be held in a large space or outdoors to accommodate for physical distancing with face coverings mandatory.
B4.2. Remote Meetings Security Best Practices
The following measures should be taken when conducting video or teleconference meetings to ensure the security and integrity of the information being shared:

- Share the meeting and login information with participants privately, do not post on websites, public forums, or social media.
- Enable a meeting password when and where possible.
- Enable the Waiting Room feature which allows the Host to manually view and admit participants into the meeting.
- Change sharing option from “All Participants” to “Only Host.”

B5. Teams

B5.1. Educational Session
Prior to arrival at a host site, teams must complete an education and information session to reinforce protocols and directives set forth by the NCAA. This will typically be conducted by the Team Health Officer with direction provided by the NCAA.

B5.2. Hygiene
   B5.2.1. Gloves
   Any individual staff member (e.g. athletic trainer, physical therapist, massage therapist, EMT) working with a student-athlete or travel party member who has direct physical contact must wear appropriate gloves when doing so. The gloves must be discarded and not reused (or, if appropriate, laundered) after each individual interaction, and following each use the staff member must clean his or her hands.

   B5.2.2. Handwashing
   All persons involved in an NCAA preliminary round or Championship must continue to clean their hands with soap and water or hydroalcoholic gel frequently. This includes immediately after arriving at a hotel or venue, at least once every hour (unless the individual is only in his or her individual room during this period), before and after each workout, treatment, or meal, after removing gloves, and upon returning to their individual rooms.

   B5.2.3. Face Coverings / Masks
   All individuals (including student-athletes, team staff, and coaches) must wear face coverings or masks while moving to, from, or throughout the Inner and Outer CTZ of the facility except when:
   - on the Field of Play during a practice or competition.
   - in their individual rooms.

   B5.2.4. Mouthpieces / Oral Objects
   Student-athletes and team staff must sterilize any object that will be put into an individual’s mouth (e.g. VO2max mouthpiece, whistle) immediately before and after each individual use
and store such items separately. Reusable mouthpieces must not be shared by multiple individuals.

B5.3. **Physical Distancing**

B5.3.1. **During Practices & Competition**
In addition to the regular testing program, to reduce the risk of transmission of COVID-19 in the event of an infection, physical distancing rules will continue to apply. Student-athletes may interact with their teammates during team workouts, practices, and competition without being required to maintain physical distance (including when working out or receiving treatment simultaneously). Absent extenuating circumstances or emergencies, only a coach or member of a team’s health and performance staff may come within six feet of a student-athlete. When close contact is not required, all staff members must maintain as much distance as possible from others and wear a face covering or mask.

B5.3.2. **No Autographs**
To minimize the potential exposure to infection, team members should not conduct in person autograph sessions at competitions or ancillary events.

B5.3.3. **Outside Practices & Competition**
At all other times, student-athletes and other travel team members must refrain from unnecessary physical contact (e.g. high fives, handshakes, fist bumps, hugs, etc.) and maintain at least six feet distance from each other.

B5.4. **Team Health Officer**
Each team must designate an individual staff member (the “Team Health Officer”), and the backup staff member (the “Backup Team Health Officer”) responsible for ensuring that each student-athlete and staff member adheres to these safety protocols, including that each person undergoes NCAA defined COVID-19 testing and each element of daily health monitoring at the required times for the duration of the team’s time during the Championship and preliminary round competitions. The Team Health Officer must be familiar with these protocols, available to address questions or concerns by student-athletes, staff, and committed to ensuring the team adheres to these protocols to enhance the protection of each individual. He or she also will be asked to communicate daily with the NCAA and onsite COVID Manager regarding compliance with these protocols and other policies and procedures. Each team must provide the name, email address, and mobile phone number of the Team Health Officer and his or her backup when the team registers its official travel party.

B5.5. **Travel**

B5.5.1. **Activities**
Each student-athlete and staff member who participates in team activities, film sessions, or meetings must adhere to rules regarding physical distancing and use face coverings or
masks for the applicable activity and setting (e.g. wearing a face covering and maintaining at least six feet of distance between each individual during a film session or meeting).

B5.5.2. Airplane
During travel to/from a host site via air travel all Tier 1 and Tier 2 personnel are required to wear face coverings and maintain physical distancing regardless of commercial or chartered air travel. This includes travel to/from an airport or within an airport. It is highly recommended to factor meals into your travel plans with the objective of not eating at an airport. Individual student-athletes or other team personnel should avoid the use of unscheduled public or private (e.g. rideshare) transportation while traveling.

B5.5.3. Bus
During travel to/from a host site via bus or car all Tier 1 and Tier 2 personnel are required to wear face coverings and maintain physical distancing. Bus capacity should be limited to follow state and local guidelines. Individual student-athletes or other team personnel should avoid the use of unscheduled public or private (e.g. rideshare) transportation while traveling.

B5.5.4. Hotel
During all movement outside of Tier 1 or 2 individuals’ actual room (i.e. hallways, lobbies, etc.) must include a face covering and physical distancing. No use of shared hotel facilities (e.g. pool or fitness center) unless it is limited to use by the team and has been disinfected.

B5.5.5. Meals
Student-athletes and staff must continually refrain from sharing food or beverages. During competition, practices, and workouts, student-athletes should utilize single-use beverages (e.g. water, sports drinks, etc.) in low or no-touch dedicated spaces. Wherever possible teams should either arrange for boxed meals and bottled beverages to be delivered to each individual’s room or arrange for dedicated meal location within the hotel (i.e. conference room) that is set for team meals only, properly disinfected and serving staff best practices are met. Meals at a restaurant should be avoided, and only outdoor seating should be utilized if unavoidable.

During competition, teams should not use the concession stand at any time at a host site.

B5.5.6. Quarantine Locations
Teams and host sites must identify quarantine locations during travel, in close proximity to the testing site in the event of a team member testing positive for COVID-19. This quarantine location should be available for up to 14 days to eliminate the potential for outside exposure and a contingency travel plan should be established if this is not possible.
B6. Officials

B6.1. Educational Session
Prior to arrival at a host site, officials must complete an education and information session to reinforce protocols and directives set forth by the NCAA.

B6.2. Hygiene

B6.2.1. Gloves
Any individual staff member (e.g. athletic trainer, physical therapist, massage therapist, EMT) working with an official who has direct physical contact with them must continue to wear appropriate gloves when doing so. The gloves must be discarded and not reused (or, if appropriate, laundered) after each individual interaction, and following each use the staff member must clean his or her hands.

B6.2.2. Handwashing
All persons involved in an NCAA preliminary round or Championship must continue to clean their hands with soap and water or hydroalcoholic gel frequently. This includes immediately after arriving at a hotel or venue, at least once every hour (unless the individual is only in his or her individual room during this period), before and after each workout, treatment, or meal, after removing gloves, and upon returning to their individual rooms.

B6.2.3. Face Coverings / Masks
All officials must wear face coverings or masks at all times except when they are in their individual rooms.

B6.2.4. Mouthpieces / Oral Objects
Officials must sterilize any object that will be put into an individual’s mouth (e.g. VO2max mouthpiece, whistle) immediately before and after each individual use and store such items separately. Reusable mouthpieces may not be shared by multiple individuals. Electronic whistles will be utilized whenever feasible.

B6.3. Official’s Locker Room
The Official’s Locker Room must be arranged for individual areas for each official with physical separation between each, if being utilized. If this is not possible, officials should be instructed to come to the facility ready to perform their duties in the Field of Play.

B6.4. Physical Distancing

B6.4.1. During Practices & Competition
When and where possible, officials should attempt to maintain physical distance from student-athletes, coaches, team staff, and other Tier 1 personnel. While in the Field of Play and when necessary to conduct their competition responsibilities, they do not need to physically distance themselves from other Tier 1 personnel.
B6.4.2. Outside Practices & Competition

Physical distance is mandatory at all times when interacting with any Tier 1 or Tier 2 personnel, especially when outside of the CTZ during non-event timings.

B6.5. Travel

B6.5.1. Activities

Each official who participates in activities, film sessions, or meetings must adhere to rules regarding physical distancing and use face coverings or masks for the applicable activity and setting (e.g. wearing a face covering and maintaining at least six feet of distance between each individual during a film session or meeting).

B6.5.2. Airplane

During travel to/from a host site via air travel all Tier 1 and Tier 2 personnel are required to wear face coverings and maintain physical distancing regardless of commercial or chartered air travel. This includes travel to/from an airport or within an airport. It is highly recommended to factor meals into your travel plans with the objective of not eating at an airport.

B6.5.3. Hotel

During all movement outside of Tier 1 or 2 individuals’ actual room (i.e. hallways, lobbies, etc.) must include a face covering and physical distancing.

B6.5.4. Meals

All officials must continually refrain from sharing food or beverages. During competition officials should utilize single-use beverages (e.g. water, sports drinks, etc.) in low or no-touch dedicated spaces. Wherever possible boxed meals and bottled beverages should be delivered to each individual’s room. Meals at a restaurant should be avoided, and only outdoor seating should be utilized if unavoidable.

During competition, officials should not use the concession stand at any time at a host site.

B6.5.5. Quarantine Locations

Where possible, the NCAA will identify an isolated quarantine location with host site for use, in close proximity to the testing site in the event of an official testing positive for COVID-19. This quarantine location should be available for up to 14 days to eliminate the potential for outside exposure and a contingency travel plan should be established if this is not possible.
**B7. Host Site Staff**

**B7.1. Hygiene**

**B7.1.1. Gloves**
Host site staff must wear gloves when handling any items or equipment that will come in contact with personnel of any tier or attendees. Gloves should be used on a single-use basis when and where applicable.

**B7.1.2. Handwashing**
All persons involved in an NCAA preliminary round or Championship must continue to clean their hands with soap and water or hydroalcoholic gel frequently. This includes immediately after arriving at a hotel or venue, at least once every hour (unless the individual is only in his or her individual room during this period), before and after each workout, treatment, or meal, after removing gloves, and upon returning to their individual rooms.

**B7.1.3. Face Coverings / Masks**
Host site staff will be required to wear a face covering or mask at all times while inside of the competition venue, ancillary event space, or while in close proximity to individuals associated with the event.

**B7.2. Physical Distancing**
Host site staff must maintain physical distance at all times whenever possible. Host site staff must exhibit perfect model behavior for physical distancing and face coverings at all times.

**B8. Media**

**B8.1. Hygiene**

**B8.1.1. Handwashing**
All persons involved in an NCAA preliminary round or Championship must continue to clean their hands with soap and water or hydroalcoholic gel frequently. This includes immediately after arriving at a hotel or venue, at least once every hour (unless the individual is only in his or her individual room during this period), before and after each workout, treatment, or meal, after removing gloves, and upon returning to their individual rooms.

**B8.1.2. Face Coverings / Masks**
Members of the media will be required to wear a face covering or mask at all times while inside of the competition venue, ancillary event space, or while in close proximity to individuals associated with the event.

**B8.1.3. Interview(s) & Press Conference(s)**
Interviews of Tier 1 personnel should take place in a location adjacent to the Outer CTZ in a room specifically designated for interviews and press conferences. The room must be
disinfected after each interview session. Media must maintain 20’ distance from any Tier 1 person being interviewed.

B8.2. Physical Distancing
Media must maintain physical distance at all times whenever possible. Host site staff must exhibit perfect model behavior for physical distancing and face coverings at all times.
Part C - Guidelines for a No Fan Scenario

In addition to all of the guidance in parts A and B of this document, part C will be added if a NCAA preliminary round or Championship is taking place with 'No Fans’ allowed in attendance.

C1. Competition

C1.1. Anthems / Live Performances / Recognitions
Live anthems, performances, and other recognitions should take place outside of the CTZ and maintain physical distancing for non-group scenarios.

C1.2. Scoring Table
Where possible, the scoring table should be outside of the CTZ. The size of the table may need to be increased to ensure physical distancing between seats and the number of individuals present at the table may also need to be reduced to essential personnel. If applicable, officials’ video replay / review may be pushed to a monitor inside of the CTZ and only handled by one official. If necessary, radios and monitors may be used between the official(s) and individual(s) at the scoring table.

C2. Ancillary Events
Ancillary events will not take place at host sites where no fans are permitted at the event. Virtual events with student-athletes may be considered and planned in place of in-person events.

C3. Broadcast

C3.1. Camera Positions
Where possible all camera locations should be outside of the CTZ. If a camera and operator has an essential purpose within the CTZ, contact your NCAA representative to discuss having that individual participate in the COVID-19 testing program and be assigned to the appropriate Tier.

C4. Media

C4.1. Mixed Media Zone
The Mixed Media Zone should be located outside of the CTZ with physical distance between workstations along with physical barriers such as plexiglass if possible. Tier 3 members of the media must maintain at least 20’ physical distance from all Tier 1 or 2 personnel at all times including during interviews.

C4.2. Photographers
Photographers will be required to remain outside of the CTZ at all times with the exception of any courtesy handout image photographers participating in the testing program and permitted access
based on their designated tier. Designated areas may be identified by NCAA staff in the seating area and physical distancing will be required when in this space.

Part D - Guidelines for a Reduced/Full Capacity Scenario

In addition to all of the guidance in parts A and B of this document, part D will be added if a NCAA preliminary round or Championship is taking place with ‘Reduced Capacity’ or ‘Full Capacity’ if the NCAA is testing all Tier 1 and Tier 2 personnel and the CTZ is being enforced.

D1. Ancillary Events

Ancillary events at reduced capacity sites will be evaluated to determine if the benefits provided to limited fans and NCAA constituents outweigh the additional costs associated with increased safety measures and the inherent risks involved. If events are held, all state, local and venue guidelines will be in place and any extra safety measures recommended for fans within the competition venue (e.g. face coverings, hand sanitization, signage for physical distancing and traffic flows, temperature checks, etc.) will be carried over.

D2. Competition

D2.1. Anthems / Live Performances
Live anthems, performances, and other recognitions should take place outside of the CTZ and maintain physical distancing for non-group scenarios.

D2.2. Scoring Table
Where possible, the scoring table should be outside of the CTZ. The size of the table may need to be increased to ensure physical distancing between seats and the number of individuals present at the table may also need to be reduced to essential personnel. If applicable, officials’ video replay / review may be pushed to a monitor inside of the CTZ and only handled by one official. If necessary, radios and monitors may be used between the official(s) and individual(s) at the scoring table.

D3. Facilities

D3.1. Physical Distancing

D3.1.1. Crowd Flow During Major Movements
During major movements of an event (e.g. ingress, halftime/intermission, egress) the following considerations should be made to decrease the potential for crowding and close contact among attendees and staff for extended periods of time.

- One Way Entrances & Exits: where applicable, one-way pedestrian traffic should be considered such as utilizing ancillary entrances, emergency exit points, etc.
Directional Staff: deploy any available resources to chokepoints and high traffic areas to assist with directing attendees to dedicated entrances/exits and managing pedestrian crowd flow.

Videoboard & PA Announcers: where applicable, utilize announcers, videoboards, and venue screens to facilitate crowd movement and message directions.

D3.1.2. Crowd Flow during Competition

When possible, event staff should message attendees to remain physically distanced in common areas of the facility (e.g. lobby, concourse, premium areas, etc.) during the event. If applicable and possible, utilize video boards and PA announcers to remind attendees of physical distancing policies in these areas to assist staff and minimize the need for unnecessary contact.

D3.1.3. Crowd Management at Venue Entrances

At venue entrances, areas where lines traditionally form during peak ingress times (e.g. Box Office, Security Screening, Ticket Taking), staff must encourage attendees to remain physically distanced and visual identifiers deployed such as floor markings, signs, stanchion or tensa barriers. Additionally, tickets should be held by attendees while being scanned and attendees should handle their own items (e.g. backpacks, wallets, keys, phones, etc.) for inspection during screening, if implemented.

D3.1.4. Crowd Management at Concessions, Merchandise, & Restrooms

To assist in reducing the chance of attendees grouping closely for an extended period of time, facilities should include some visual identifiers such as floor markings, signs, stanchions or tensa barriers, etc. to encourage attendees to stand physically distanced while waiting in lines. If possible, venues should implement food delivery to attendees.

D3.1.5. Spectator Seating Area

All spectator seating areas must have at least a 6’ physical distance between seating pods or groups. Members of the same group (defined as a family or travel party) may be allowed to purchase seats per a pod manifest ensuring physical distancing. General admission seating pods must be defined to ensure physical distancing between groups.

Local or State restrictions must be considered in developing spectator seating area plans.

D3.1.6. Seating “Kills”

Seats that are not going to be occupied during the event should be clearly identified to assist event staff and attendees. A few ways that this can be done is by either removing seats or rows, the seat portion of the chair, or utilizing things like zip ties, signs, or chair coverings to impede the ability for someone to sit down in them.
D4. Spectators

D4.1. Event Entry

D4.1.1. Dedicated Entrances

Host sites are encouraged to develop one-way entry and exit locations for spectators to reduce the potential of cross traffic and unnecessary crowding. This should also be considered for working personnel with dedicated entrances for the tested and non-tested communities.

D4.1.2. Face Coverings / Masks

The CDC recommends wearing cloth face coverings in public, especially in places where it is hard to maintain at least 6’ of distance between yourself and another person. Cloth face masks are being recommended because we now know individuals with COVID-19 could have mild or no symptoms, while still spreading the virus to others. Wearing a cloth mask does not replace the need for physical distancing. The cloth face coverings recommended by the CDC are not surgical masks or N-95 respirators, which should be reserved for healthcare workers and first responders. Personnel should be deployed to entry areas to maintain physical distancing.

D4.1.3. Timed Arrival

Consider a timed arrival policy for spectators that would require them to register for a specific time and location for entry to the venue. Those that do not register for a time slot can be directed to a waiting area with ample space for physical distancing and admitted when slots become available.

D4.1.4. Parking / Tailgating

At venue-controlled parking areas, lots and/or garages can be used at the capacity as directed by local officials. Signage should be considered to assist in ensuring these restrictions are followed by spectators upon arrival. If authorized tailgating is occurring, ensure protocols are in place to establish physical distancing in the parking lot. Adequate space should be considered between patrons that have not arrived together. Ensure no large gatherings are occurring. Ensure adequate signage promoting physical distancing is displayed throughout the parking lots. Deploy signage in parking lots and at other appropriate locations such as public transit, ride-share, concession stands and bike racks addressing the need to maintain physical distancing.
D4.2. **Physical Distancing**

**D4.2.1. Concourses & Common Areas**

When possible, one-way guest flow should be implemented with separate entry and egress doors clearly marked. Facilities should explore additional directional floor signage and/or stanchions or tensa barriers to encourage spectators to maintain physical distancing as they are moving throughout the facility.

**D4.2.2. Spectator Seating Area**

The spectator seating area should be a minimum of 20’ from the CTZ and a physical barrier should be considered utilizing stanchions or tensa barriers, bicycle racks, or other readily available barriers.

Seating Pods or groupings should be considered. Members of the same group (family or travel party) may be allowed to purchase seats per a pod manifest ensuring physical distancing. General admission seating pods must be defined to ensure physical distancing between groups.

Local or State restrictions must be considered in developing spectator seating area plans.

**D4.2.3. Separate Entry & Exit Locations**

Host sites should identify separate entry and egress locations at each venue to further encourage physical distancing during these major spectator movements.

**D4.2.4. Signage in Common Areas**

Signage should be prominently displayed encouraging a minimum of 6’ physical distancing throughout the venue. In all places where lines may be formed (e.g. entrances, concessions, bathrooms, etc.), facilities should explore utilizing visual identifiers or floor markings to delineate acceptable physical distance for these lines.

**D4.2.5. Premium Areas**

Premium areas can be utilized at the same capacity reduction as the rest of the spectator seating areas. When possible, create separate entry and egress areas leading to premium concourses as well as one-way traffic.

**D4.2.6. Restrooms**

Restrooms should be occupied at the same capacity reduction as the rest of the venue. Physical distancing signage must be located outside of restrooms to manage lines for those waiting to use the restroom and facilities should explore utilizing visual identifiers or floor markings to delineate acceptable physical distancing for lines that may form.
Part E – Cross Country Guidelines

The following guidelines are specific to the sport of Cross Country and applicable in development of the site plan with inputs from Parts A, B, and either C or D.

E1. Facility Planning

E1.1. Physical Distancing

E1.1.1. Start Line
Consider spreading out the starting line or create smaller boxes with spacing in between each box to accommodate a minimum of 6-foot physical separation.

E1.1.2. Team Camp Area
Consider eliminating the team camp area to reduce cross traffic between team personnel and student athletes. Teams would be required to use buses or vans in lieu of the traditional team camp area. If team camp area is utilized, personnel with access to this space should be extremely limited to only competing student-athletes, coach and team trainer. There should be significant space allotted between each team tent to ensure proper social distancing.

E1.1.3. Packet Pickup
Only one person per institution should attend the packet pickup with floor decals or identifiers to assist in ensuring physical distancing with one-time use pens for any signatures necessary or consider using electronic / mobile check-in if possible.

E1.2. Personal Hygiene

E1.2.1. Start Line
One-time use garbage bags should be utilized for athlete clothing at the starting line. One team member should be responsible for transporting these bags to the finish line.

E1.2.2. Finish Line
Additional garbage cans should be available at the finish line for any student-athletes that may get sick. In the event that this takes place, a staff member with personal protective equipment (PPE) should remove this for cleaning and disinfecting after each occurrence.
E1.3. Ancillary Areas

E1.3.1. Awards Stage
Consider eliminating formal awards with the exception of the National Championship team and the top student-athlete. Alternative forms of commendations may be considered that eliminates physical interaction.

E1.3.2. Coaches Boxes
Consideration should be made to eliminate formal coaches’ boxes to reduce the potential for physical interaction and cross traffic.

E1.4. Restrictions from Certain Areas
- Restrict access to the start line area to student-athletes, official starters and coaches and necessary medical personnel that may need to treat student-athletes.
- Limit and reduce numbers in the actual finish line chute to only essential personnel such as medical, necessary official and timing/results.

E2. Broadcast

E2.1. Main Camera Positions
The main camera positions should be set up to account for physical distancing between operators and fans (if applicable) wherever possible. If this is unattainable, plexiglass barriers should be considered to separate operator stations. Additionally, consideration should be made to utilize robotics and other technology to support physical distancing in areas where this may be difficult to maintain.

E2.2. Commentators
Dedicated field reporters/commentators should be moved outside of the CTZ whenever possible, utilizing the buffer area of the course perimeter if possible or other areas with good visibility to the course.

E2.3. Handheld Cameras
The dedicated Tier 1 broadcast handheld camera team within the CTZ should be as limited as possible, consisting of only the essential personnel needed. This may include the Reporter / Talent, Camera Operator, Utility, Audio, and Technician. All members of the team should maintain physical distance as much as possible with both the team and other Tier 1 personnel.

E2.4. Broadcast Interviews
Broadcast interviews, if done in-person should be conducted by Tier 1 personnel, physically distanced and all individuals participating should wear a mask or face covering. Whenever possible, virtual interviews should be considered as an alternative to in-person interviews.
E2.5. **Broadcast Access Restrictions**  
The following areas are restricted when student-athletes, team personnel, and officials are present and the CTZ has been established and in effect:
- Field of Play
- Athlete Team Camp Areas
- Athletic Training/Medical Areas
- Drug Testing Room
- Coaches Hospitality Area
- Officials Hospitality Area

E3. **Media**

E3.1. **Courtesy Handout Images / Video**  
To reduce the number of personnel in the CTZ, courtesy handout images and video may be provided to media personnel to pull from for editorial purposes. A combination of photos and video from fixed cameras and a courtesy handout images and video team consisting of up to two photographers, one videographer and one photo/video editor may be provided, if proper social distancing guidelines can be followed at the facility. Additional information can be provided by the NCAA Media Coordinator or Championship Manager.

E3.2. **Virtual Interview Area(s)**  
Virtual interviews should be considered where student-athletes, team personnel, and other members of the tested community can interact with members of the media via video conference or a similar solution. Wherever possible, virtual interviews are encouraged.

Virtual interview areas should be cleaned and disinfected between each use with a focus on high touch areas, headsets, microphones, and any other items that the interviewee has contact with.

Any support personnel needed to service the virtual interview rooms or areas should maintain physical distancing and limit unnecessary interaction whenever possible.

E3.3. **In-Person Interview Area(s)**  
In-person interview areas should not be located on either the course or in the CTZ. When identifying the location for these areas, there should be a clear and secure path of travel for Tier 1 personnel when moving from the CTZ to this location. Any support personnel that assist in escorting Tier 1 personnel to this interview area should be members of the tested community. Tier 3 media seating should be located a minimum of 20 feet from the interviewee. The interviewee area should be cleaned and disinfected between each use with a focus on high touch surfaces.

E3.4. **Media Work Room**  
The media work room should not be located on either the course or in the CTZ. Each workstation should be set up a minimum of 6 feet from the other, with one individual occupying each workstation to maintain physical distance. Disinfectant spray, wipes, and other cleaning materials should be provided for media personnel to disinfect the workstation before and after each use.
E3.5. School / Team Photographers / Videographers
While school or team photographers and videographers are traditionally not a part of the team travel party, if a school decides to send a photographer/videographer to the championship, this individual will be Tier 3 and will not permitted into the CTZ. All other guidelines surrounding Tier 3 interaction with members of the tested community must be followed.

E3.6. Access Restrictions
Outside the dedicated Tier 1 courtesy handout images and video team, the course and CTZ will be restricted from all other media personnel.

E4. In-Venue Presentation

E4.1. Student-Athlete Introductions
Coordination with broadcast for event introductions and in-venue special effects should be conducted remotely or outside of the CTZ whenever possible. The number of support personnel (e.g. technicians) in the CTZ should be as limited as possible. Set-up of any necessary equipment should be done while the CTZ is not in effect and Tier 1 personnel are not onsite.

E4.2. Awards Ceremony
Awards ceremonies should account for physical distancing between student-athletes and Tier 1 personnel presenting awards. Consider eliminating formal awards at the podium/stage with the exception of winning team and/or the top student-athlete in each race. Alternative forms of commendations may be considered that eliminates physical interaction with those athletes picking up awards at a location that allows for physical distancing.

E4.3. Post Championship Distribution of Apparel
Apparel distributed to student-athletes and teams post championship may take place but should be handled by members of the tested community while wearing a face covering / mask and gloves. If apparel must be actively distributed to student-athletes and teams in person, the individual(s) conducting this should be a Tier 1 individual. Wherever possible, consideration should be made to distribute apparel while maintaining physical distancing.

E5. Fan Communication
All spectators, if permitted at the championship, should be informed of the Fan Code of Conduct found in section A4.4. in the Know Before You Go along with any other pertinent venue information as if related to COVID-19 safety measures.

All communication will be reviewed and approved by the NCAA COVID-19 Advisory Panel prior to distribution.
Part F - Appendices

F1. CTZ Examples

F1.1 Cross Country (Division I Specific at Oklahoma State)
2018 DIVISION I
CROSS COUNTRY CHAMPIONSHIPS
STILLWATER, OK - Oklahoma State University, Host

6K COURSE

LOOP 1

LOOP 2

COACH / SPECTATOR PATH
F1.2. Soccer (Generic)
F1.3. Basketball (Generic)
# F2. Essential Personnel List Example

## F2.1. Men’s and Women’s Cross Country

### Tier 1

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<thead>
<tr>
<th>Group</th>
<th>Setup</th>
<th>CTZ Established</th>
<th>CTZ Not In Effect</th>
<th>Event Day</th>
<th>Start of Game</th>
<th>Event End</th>
<th>Event End</th>
<th>Strike (+1)</th>
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_Note: Members of the tested community, permitted access to the Outer CTZ, may only interact with Tier 2 individuals with face coverings and physical distancing. In the event of an emergency or extenuating circumstance that merits the need for limited interaction with Tier 1 individuals, Tier 2 personnel must wear face coverings and physically distance._
F1. **Online Links in Document**

B1.3 – CDC Printable Signage
https://www.cdc.gov/coronavirus/2019-ncov/communication/print-resources.html?Sort=Date%3A%3Adesc

B1.4.1 – CDC Cleaning & Disinfecting Guidance for Facilities

B1.4.5 – CDC COVID-19 Employer Information for Office Buildings

B1.4.5 – ASHRAE Guidance for Building Operations

B1.5.2. – Resocialization of Collegiate Sport: Developing Standards for Practice and Competition, Second Edition (Updated)