

Meet Keannu

I wish to be a football player again

Keannu was a 4.0 student, a quarterback for his high school football team and a star wrestling athlete. He was the big man on campus. But a brain tumor and subsequent stroke from surgery turned Keannu's life upside-down.

Keannu underwent weeks of chemotherapy and yet another surgery before the tumor was fully removed. He was also in a coma for several weeks. He woke up with short-term memory loss, an inability to walk and speech difficulties.

All Keannu wanted through everything he endured was a chance to play football with his friends again.

Make-A-Wish and virtual reality company EmergeXR teamed up to create a football game experience that could bring Keannu back onto the field and grant his one true wish.

When that became a reality, Keannu's classmates, football teammates and community surrounded him on his school's football field as he entered a virtual world, starring in a football game with his best friends. He even threw a scoring pass as the crowd around him cheered!

In that virtual game, as his one true wish came to life, Keannu was reminded that he is a hero in so many people's eyes.



I wish to be a football player again

Keannu, 17
brain tumor

“For him to be able to experience it again, sometimes there are no words that can explain it. He’s been aching for this. Eventually, he’s going to walk again, and then he’s going to run, one way or another. He won’t let anything stand in his way.”

– Keannu’s Mom

Make-A-Wish.

**WORKOUT
FOR WISHES™**




Keannu's Medical Journey

Make-A-Wish challenges the student-athletes of NCAA DII workout in Keannu's honor and raise money to make even more wishes like his come true.

Sample workout is on the next page, but you can also create your own using the stats below!

Number of chemo rounds:	7
Number of surgeries:	7
Number of months in treatment:	5
Number of needle pokes:	167
Number of days in the hospital:	240
Longest surgery (hours):	14
Number of sedations:	10
Number of X-ray's:	99
Number of respiratory support:	50
Number of total parenteral nutrition:	27
Number of transfusions:	2
Number of chest tube replacements:	16

To create your Workout for Wishes online fundraising page, please visit ncaadii.wish.org



Individuals participating in Workout For Wishes are asked to acknowledge the following: "If I choose to participate in a fundraising activity that entails a potential risk of harm, I hereby: (1) represent that I/we are physically and emotionally fit to participate in the activity; (2) voluntarily assume all risk and responsibility associated with my/our participation; and (3) waive and release all claims I may have against Make-A-Wish (including all officers, directors, employees, volunteers and representatives of Make-A-Wish and its chapters) as a result of my/our participation."

Sample Workout:

Keannu's Medical Journey

Workout difficulty level: Hard

50-minute workout for 50 times put on respiratory support

Repeat run/walk once; repeat remaining exercises until time

Take recoveries as needed between exercises, repeat until time

Exercise	Reps
Run/jog/power walk	7 minutes for 7 chemo rounds
Walking Recovery	2 minutes for 2 transfusions
Plank Jacks (high plank position, jump the feet out and back in for one rep)	5 for 5 months of treatment
Push Ups	10 push-ups for 10 sedations
Mountain Climbers (high plank position, drive the knees to chest)	16 for 16 chest tube replacements
Plank Hold	27 seconds for total # of times fed through parenteral nutrition
Jumping Jacks	50 for # of times on respiratory support
Jumping Squats	14 for 14 hours spent in longest surgery